



PALMETTO PLATES: NOURISHING INSIGHTS FOR SOUTH CAROLINA SCHOOL NUTRITION PROS

Edition #6 November 2024



ADVANCING SCHOOL NUTRITION TOGETHER

HIGHLIGHTS FROM THE 2024 SNA OF SC ANNUAL CONFERENCE

Last month, school nutrition professionals from across South Carolina had the privilege of attending the South Carolina School Nutrition Association Conference in Myrtle Beach! This event brought together experts from all over the state to exchange knowledge, skills, and best practices aimed at enhancing nutrition in our schools.

Throughout the conference, attendees participated in engaging workshops and informative sessions covering a wide range of topics, including meal planning, nutrition education, food safety, and much more!

POSITIVE CULTURE = PRODUCTIVE CAFETERIA

Attendees participated in several workshops and sessions designed to enhance their professionalism and skills in providing the best dining experience possible to their students.

For example, Tory Gibson and Dee'on Bellamy led a session focused on cultivating a positive, productive cafeteria environment. Through actionable strategies, attendees learned how to strengthen team dynamics, boost morale, and build a supportive work culture. This session equipped participants with practical tools to inspire their teams, ultimately promoting success in school nutrition programs.

Celebrating Joyce Lovett

Honoring Her Legacy and Dedication to the
School Nutrition Association of South Carolina

HER ROLE IN THE ASSOCIATION:

Joyce Lovett has been a dedicated leader in the School Nutrition Association of South Carolina, working to improve and advocate for high-quality, nutritious meals for students across the state. Joyce's commitment to the association has left a lasting impact, setting a standard of excellence and dedication that will continue to benefit students and staff for years to come.

MESSAGES OF GRATITUDE:

"Joyce, thank you for all of your years of service to SNA of SC and child nutrition! You are going to be missed greatly! Enjoy your well-deserved retirement!"

Jenaffer Stevenson

"Joyce, you are an amazing lady. Thank you for all your hard work and dedication to SNA of SC over the years. Think of how many people you have introduced and reintroduced to the processes of being an SNA of SC Board Member. I remember my first time, all your help, flexibility and patience guiding me through the details of board duties and expectations. I appreciate you and the valuable time you have given to all of us. Have a blessed and happy retirement."

Kimberly Johnson

"Ms. Joyce, thank you for your contributions to SNA of SC! We are better because of your dedication and hard work. Best wishes in your retirement!"

Brittney Linton

"Happy Retirement! I am so proud of the work you have done for SNA of SC. Here's to many FUN days ahead doing exactly what YOU want to do. Thanks for the difference you have made and the lives you have touched."

Sally Nicholson

"Miss Joyce, I am so excited for you, as I know you are going to have so much fun. I am very appreciative of all of the assistance you provided to me over the years and all of your patience! But most of all, you always have a big smile in person and in your voice. We will miss you!"

Melissa Payne

"Joyce, your knowledge, dedication and presence in school nutrition will be missed greatly. Enjoy your well-deserved retirement."

Audra Terry



JOIN US IN MAKING THE 2025 SNA OF SOUTH CAROLINA CONFERENCE A SUCCESS!

We hope you had a phenomenal time at our 2024 Annual Conference last month! Believe it or not, planning has already begun for next year's conference. It is truly a team effort to make these events a success for our members, and your feedback is invaluable.



Get Involved!

If you would like to volunteer at the conference or be part of a conference committee, the survey includes an option to volunteer!

We would love to volunteer with you, and no part is too small!

There are opportunities to volunteer for the following committees and/or at the conference next year:

- **KEYNOTE SPEAKERS COMMITTEE**
- **EDUCATION SESSIONS COMMITTEE**
- **INDUSTRY NIGHT COMMITTEE**
- **FUNDRASIERS COMMITTEE**



Please take a moment to complete this survey and help us make the 2025 Annual Conference absolutely fabulous!

[TINYURL.COM/SNAINVOLVE2025](https://tinyurl.com/snainvolve2025)

AUDRA TERRY

2025 CONFERENCE CHAIR
SNA OF SOUTH CAROLINA PRESIDENT-ELECT





HEARTY & HEALTHY

NUTRITIOUS CHICKEN NOODLE SOUP

This hearty and nutritious Chicken Noodle Soup recipe is a perfect addition to school lunch menus, offering students a warm, satisfying meal. Packed with protein, vegetables, and whole grains, it's designed to meet nutritional guidelines while being kid-friendly. This recipe can be customized to suit dietary preferences, making it a versatile option for various needs.

Source

- Recipe, Photo and Nutrition Analysis: [Barilla Foodservice](#)
- Meal Pattern Analysis: [Chef Rebecca Polson, CC, SNS](#)

FIND THE FULL RECIPE HERE:

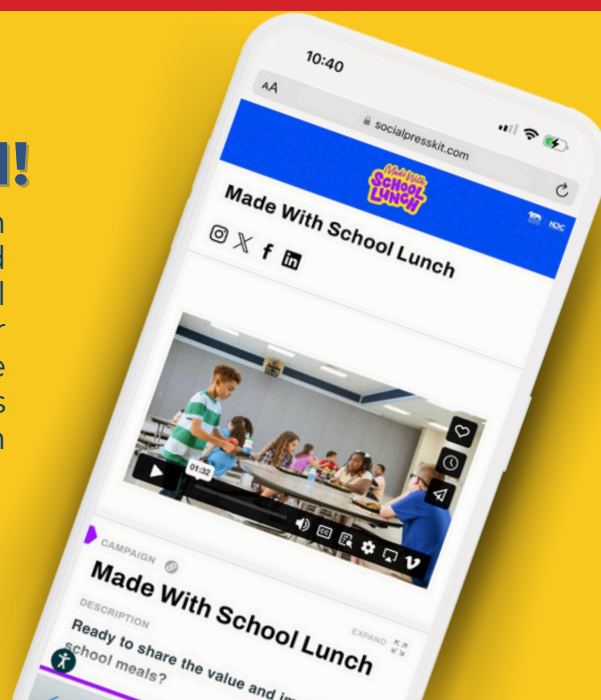
[TINYURL.COM/SNARECIPE](https://tinyurl.com/snarecipe)

SPREAD THE WORD: AMERICA IS MADE WITH SCHOOL LUNCH!

The "America is Made with School Lunch" campaign showcases the importance of nutritious meals in schools and the vital role they play in students' daily success. School nutrition professionals across the country are recognized for their commitment to offering healthy meals that promote student well-being and academic performance. This nationwide initiative encourages everyone to join in celebrating the power of school meals!

GET FREE POSTERS FOR YOUR SCHOOLS TODAY!

[TINYURL.COM/MADEWITHSL](https://tinyurl.com/madewithsl)



Be FIT for Food Safety!

Food safety is critical for the health and well-being of both students and staff in school cafeterias. Maintaining a safe food environment helps prevent foodborne illnesses, which can lead to serious health complications. Proper food handling, storage, and sanitation ensure that students enjoy meals that are not only nutritious but also safe. For staff, it reduces risks of contaminations and ensures compliance with health regulations.

This article highlights essential practices to protect everyone in the school community!

FOR MORE DETAILS, VISIT

[TINYURL.COM/SNAFOODSAFETY](https://tinyurl.com/snafoodsafety)