Healthy Schools Program in South Carolina



3 SC Schools Awarded Family Engagement Distinction

Cottageville Elementary (Colleton County School District), Joanna-Woodson Elementary (Laurens 56) and Woodland Heights Elementary (Spartanburg 6) were the 3 SC schools, among 96 schools nationally, honored with the new Family Engagement Distinction for going above and beyond to engage families in creating healthy environments at home and at school. Amid the COVID-19 pandemic, the need for a strong partnership between families and educators to foster an optimal learning environment is even more apparent. These schools were honored by Kohl's and the Alliance for a Healthier Generation for their demonstrated commitment to building strong

relationships with caregivers and families to support student health needs. Though the submission data for this new distinction was gathered prior to COVID-19, these actions helped set a solid foundation to help weather the pandemic as schools shifted between in-person and remote learning. Congratulations!

Resources and Grants

School Wide Strategies to Support Students & Staff During COVID-19

As schools transition to full-time in-person instruction, **Dr. Josh Patterson**, principal of **Sterling School**, Greenville County School District, shares tips for prioritizing strategies to support student, staff, and family social-emotional well-being during this unique school year. (Linked above.)



2021 Kids to Parks Day Grants for Title 1 Schools

The Kids to Parks Day School Grants Program is open to all U.S. Title I schools (40% of students qualify for free or reduced-price lunch) in grades PreK through 12 and provides up to \$500 per grant proposal. This year, due to COVID-19, National Park Trust's grants will only support distance learning experiences. Grant funding can be used towards virtual program fees, hands-on materials for remote learning activities, stewardship supplies, and any other materials needed for a robust at-home or in-school learning experience. This year, the application process has been streamlined using a new online grants portal. Applicants can find all of the information to submit their proposal by CLICKING HERE. The deadline to apply is February 26, 2021. Grant awardees will be announced on March 12, 2021. The grants can be used this spring before the school year ends.

Creating a Supportive Learning Environment at Home

Share these five strategies (linked above) for creating a calm and motivating learning environment with educators, parents, and caregivers.

Ready, Set, RISE! Emotional Resiliency e-Tools

No-cost, foundational training in trauma-informed practices and policies to create student-centered learning environments, developed in partnership with Kaiser Permanente and Discovery Education

NEW: National Youth Vaping Prevention Support

Student-led learning modules, tobacco-free district assessment, and additional resources developed by leading national organizations in partnership with Healthier Generation

Sleep Environment Video Tips

Simple adjustments to enhance sleep quality and boost well-being



February is Active Classrooms Month!

During February, teachers and caregivers across the country are encouraged to participate in Active Classroom Month

The month will feature a series of free weekly webinars

&

Live physical activity boosts, blog posts & other resources - click here for the full calendar

I'm excited to provide information that will help you continue making major strides toward a healthier school.

However, if you would prefer to not receive these emails, just let me know (beth.barry@healthiergeneration.org). Thanks!

FOUNDED BY:



HealthierGeneration.org

February is Active Classrooms Month!! Find great resources from OPEN and Active Schools you can use and share including:

Free Building Active Classrooms Online Training