



PALMETTO PLATES: NOURISHING INSIGHTS FOR SOUTH CAROLINA SCHOOL NUTRITION PROS

Edition #5 September 2024



We Can't Wait to See You There!

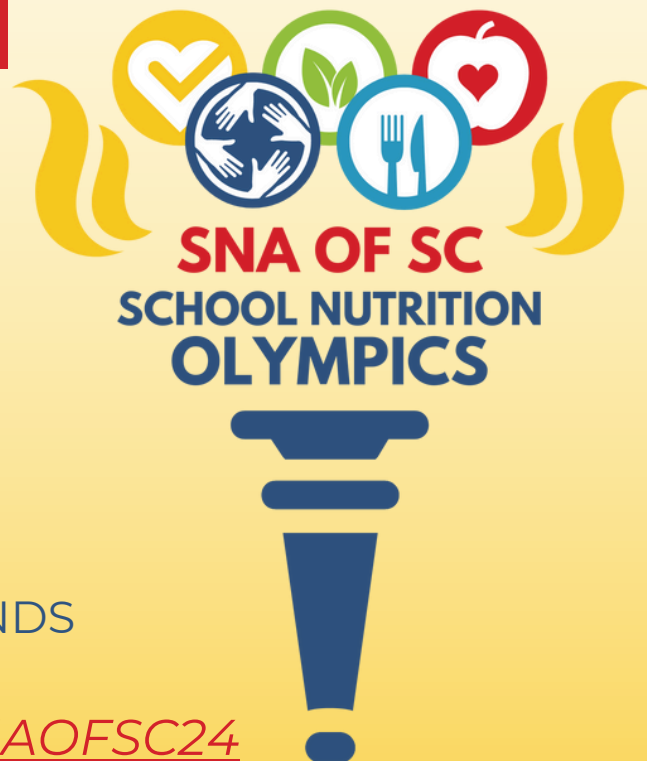
OCTOBER 10-12, 2024

SNA of SC Annual Conference 2024

Attending the 2024 School Nutrition Association of South Carolina Annual Conference and Expo delivers access to the latest industry trends, professional development sessions, and the best networking opportunities in the state! This event will focus on improving school meals, fostering creativity and boosting morale, and empowering you to support healthier student nutrition outcomes.

CATCH A GLIMPSE OF THIS YEAR'S
EXCITING SESSIONS, NETWORKING
OPPORTUNITIES, AND THE LATEST TRENDS
IN SCHOOL NUTRITION PROGRAMS!

REGISTER TODAY: [TINYURL.COM/SNAOFSC24](https://tinyurl.com/SNAOFSC24)





SNA of SC Annual Conference 2024

SPEAKER SPOTLIGHTS



Tory Gibson & Dee'ou Bellamy

Positive Culture = Productive Cafeteria

An interactive session that will explore strategies to foster a positive culture and productive work environment in school nutrition programs. Attendees will gain practical techniques to enhance team dynamics, boost morale, and create a supportive atmosphere for success.



Events of Note!

THURSDAY, OCTOBER 10

6:00-9:30PM

THE HANGOUT, 1181 CELEBRITY CIRCLE
CASUAL, TICKETED EVENT
SUPERVISORS/DIRECTORS/INDUSTRY
RECEPTION/DINNER

FRIDAY, OCTOBER 11

12:30PM-2:30PM

EXPO BUYER'S TIME -
DIRECTORS/SUPERVISORS

2:30PM-4:00PM

EXPO FOR EVERYONE

7:00PM-9:00PM

JOIN US FOR A CASUAL EVENING
OF FOOD & BINGO!
SPONSORED BY JEFF DODGE,
SCHOOL FOOD ROCKS, PROVIEW,
TASTY BRANDS & NARDONE

SATURDAY OCTOBER 12

1:00PM-3:30PM

LAST GENERAL SESSION
PLATED LUNCH WITH AWARDS &
COMEDIAN RON FEINGOLD
ENTERTAINMENTS
SPONSORED BY GOLD CREEK

REGISTER TODAY:

[TINYURL.COM/SNAOFSC24](https://tinyurl.com/SNAOFSC24)



Ingenious Culinary Concepts

Kern Halls

Enhancing Students Dining Experience

Have you thought about remodeling your cafeteria and/or serving lines. Why buy a new serving line if it is not broken? Just wrap it! Do you know where to start in the process of a remodel? This course is going to give child nutrition operators insight on how the process works to turn your cafeteria space into a hot spot for students.





Keynote Speakers



We are so excited to kick off our 2024 Annual Conference with **Vera Stewart**! With a career that's spanned over 40 years, Vera has become a Southern culinary icon, inspiring countless people across the nation with her cooking, business ventures, and motivational insights. Whether you're a fan of **The Very Vera Show** or have been inspired by her cookbooks, you won't want to miss Vera's session as she shares her passion for perfection and the winning attitude that has driven her success. Get ready to be inspired and motivated at our first general session!

SPONSORED BY UNITED CHEMICAL

Vera Stewart

Join us at our 2024 Annual Conference in October for a keynote unlike any other! **Ron Feingold**, the 'one-man vocal band,' is set to deliver a unique performance that blends stand-up comedy with a cappella music in his signature '**Comedy A Cappella**' show. You'll be amazed as Ron sings every part himself, creating hilarious parodies and up-tempo songs that will have you laughing out loud. And it doesn't stop there—Ron will also delve into the '**Power of the Smile**,' offering valuable insights into how something as simple as a smile can impact your personal and professional life. You won't want to miss this!

SPONSORED BY GOLD CREEK FOODS



Ron Feingold



Kim Hodous is on a mission to help companies, regardless of size or industry, embrace the habits of happiness so their people will experience greater achievement, fulfillment and wellbeing. The crux of her work is the **One Minute Happiness Habit™**, a distillation of current research and her own life experience, which takes all the data and proves that the pursuit of happiness is a legitimate path to more meaningful work and joyful living.

**SPONSORED BY
INGENIOUS CULINARY CONCEPTS**

Kim Hodous

DONATE TO A GREAT CAUSE!

We need **YOU** to bring home the gold by donating to our **Handbag Raffle & Silent Auction!** Whether you're a vendor or member, your contributions will help give scholarships to school nutrition heroes. If you plan to donate, please help us plan and fill out this form today!

HANDBAG RAFFLE

Brand new pocketbooks, bags, totes, clutches, coolers and more.

SILENT AUCTION

Themed baskets such as movie night, wine awhile, pet lover, game night, man cave, camping, cooking, smores, lucky lottery and more!

Drop your donated bags and/or baskets with a card showing who it was donated by to the Registration Desk by 12 PM on Friday, October 11th, 2024.

COMPLETE THIS QUICK FORM TO HELP OUR CONFERENCE PLANNERS:
[TINYURL.COM/SNASCRAFFLE](https://tinyurl.com/snascraffle)



SNA OF SC
SCHOOL NUTRITION
OLYMPICS

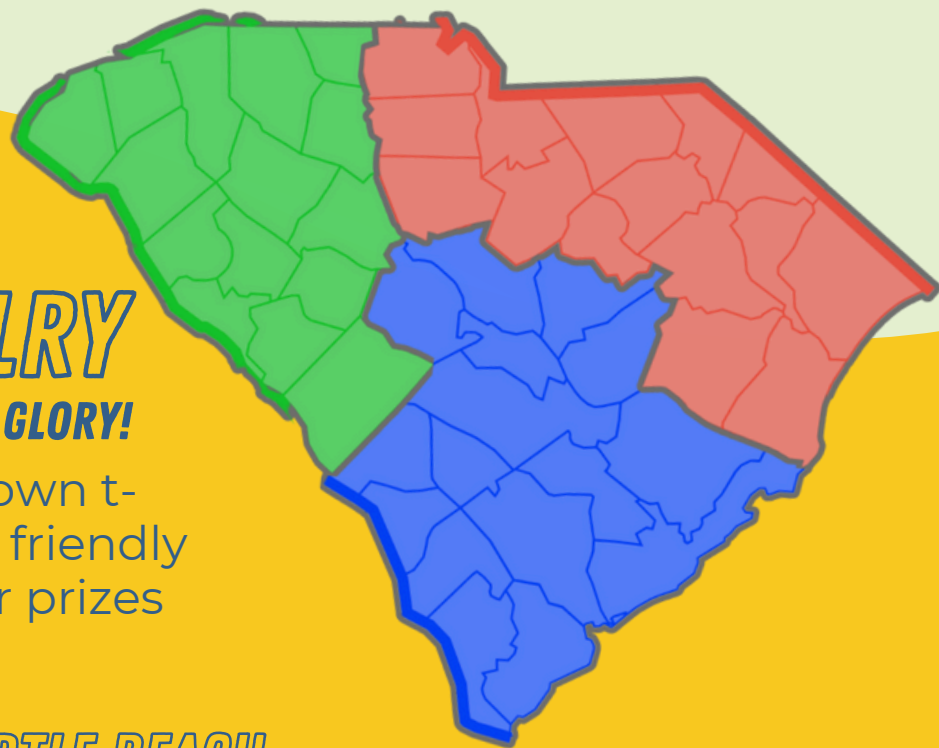


REGIONAL RIVALRY

UNITE YOUR REGION, COMPETE FOR GLORY!

Each region will have their own t-shirt, so get ready for lots of friendly competition. Play games for prizes and bragging rights!

OCTOBER 10-12, 2024 | MYRTLE BEACH



WELCOME YOUR 2024-2025 SNA OF SOUTH CAROLINA PRESIDENT



Jenaffer Stevenson

Welcome to the 2024-2025 School Year! I am thrilled to be your President of the School Nutrition Association of South Carolina. Join me as we embark on an exciting journey towards promoting health, wellness and nutrition in our programs and within our communities across the state. As the President of the SNA, I am honored to lead an organization that is dedicated to making a positive impact. Our mission is to educate and inspire students about the importance of good nutrition, advocate for our programs and foster a supportive learning environment for all members. This year will be full of exciting activities, workshops, and events planned that I believe you will find enjoyable and enriching.

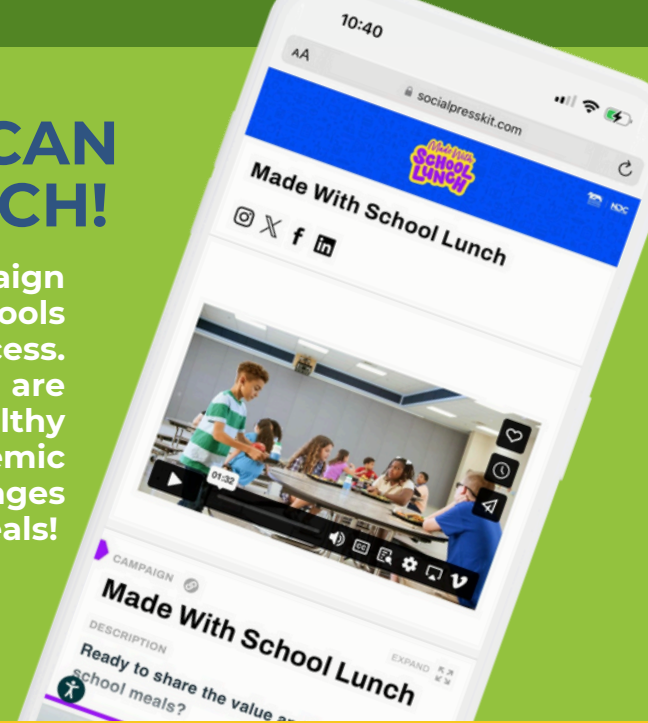
Here are just a few highlights of your membership:
South Carolina Annual Conference - Myrtle Beach, SC
Bi-Monthly Palmetto Plates Newsletter
Industry Conference - Darlington, SC
Legislative Action Conference – Washington DC
Community Outreach Project
Townhall Meetings/Nutrition Nuggets
SIFT
New Directors Tool Kit

Please feel to reach out to me or any of our board members if you have any questions, ideas or suggestions. We are here to support you and ensure that your experience with SNA is both rewarding and enjoyable. Thank you for being a part of the Student Nutrition Association. Together we can make a difference in our schools and community through the power of nutrition.

SPREAD THE WORD: AMERICAN IS MADE WITH SCHOOL LUNCH!

The "America is Made with School Lunch" campaign showcases the importance of nutritious meals in schools and the vital role they play in students' daily success. School nutrition professionals across the country are recognized for their commitment to offering healthy meals that promote student well-being and academic performance. This nationwide initiative encourages everyone to join in celebrating the power of school meals!

GET FREE POSTERS FOR YOUR SCHOOLS TODAY!
TINYURL.COM/MADEWITHSL



SEPTEMBER IS NATIONAL FOOD SAFETY MONTH!

Food safety is crucial for maintaining a healthy school nutrition program. This month serves as a reminder to promote best practices in food handling, preparation, and storage to prevent foodborne illnesses. By educating staff, students, and families on the importance of proper food safety, we can ensure that nutritious meals are both safe and delicious.

SOCIAL SHOUT-OUT!

Great job to many districts across the state for promoting their lactose-free options this year. **Heather Zwicker at Chester County School Nutrition** was one of the first to post these helpful infographics along with back to school marketing!

DON'T FORGET -
WORLD SCHOOL
MILK DAY IS
SEPTEMBER 25TH!



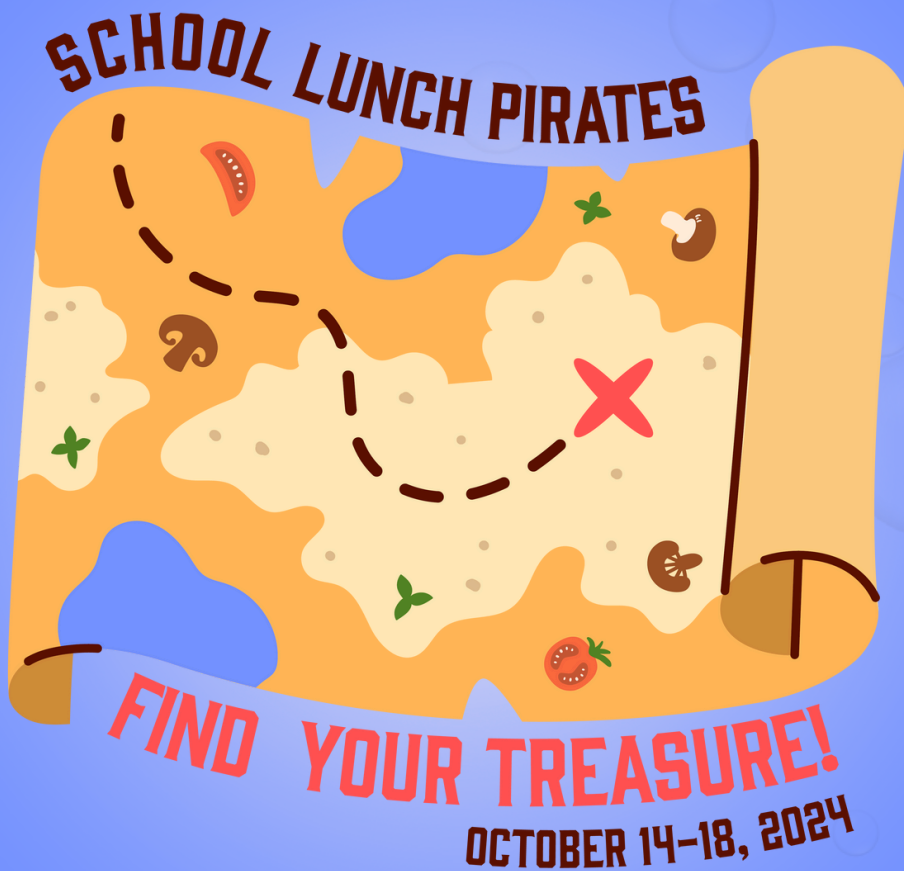
CELEBRATE NATIONAL SCHOOL LUNCH WEEK

OCTOBER 14-18



National School Lunch Week (NSLW) is a special time of year, designed to highlight the importance of healthy school meals in fueling student success. This year's theme, "**Level Up with School Lunch**," encourages students to make smart food choices that boost energy and performance. Schools across the nation will celebrate with themed events, exciting activities, and educational programs to promote the benefits of nutritious lunches.

Join the celebration and tag us @snaofscarolina and use #NSLW24 so that we can see your NSLW celebrations!



VISIT THE SNA
WEBSITE FOR MORE:



[TINYURL.COM/NSLW2024](https://tinyurl.com/NSLW2024)