

SNA Ohio Conference Guide: Tips for Success

The SNA Ohio Annual Conference will be packed full of personal development and professional development opportunities, with a focus on wellness. We are excited for new added features to this year's conference that include a full pre-con day of leadership growth opportunities, yoga, reiki, conference survival kit, line dancing, intentional networking opportunities and more. Make note of your favorite sessions and key takeaways and bring that with you to the last general session of the conference focused on casting a vision.

IMPORTANT!

We want everyone to come dressed comfortable and ready to move. No need for business attire, but more than welcome.

Toolbox Tuesday

JUNE 20, 2023

7:30 - 5:30pm Registration/Check-in

8:00 - 12pm "Managing Personalities and Conflict"

12:00 - 1:00pm Lunch on Your Own

1:00 - 3:30pm Growth and Leadership Afternoon

1 - 2:00pm "Starting with Why"

2:00 - 2:30pm Networking Break

2:30 - 3:30pm "Leadership Styles Roundtable"

Discussion: Past, Present and Future Aspirations"

5:00 - 7:00pm Board & IAC Meeting/Dinner

8:00 - 10:00pm Networking Social Event



Can I get a yee haw! Join us on the dance floor and learn how to line dance with our SNA of Ohio President, Janelle Brunswick. This is a beginners class, so no previous experience or rhythm required. Wear comfortable shoes and/or your cowboy/cowgirl boots and your favorite country gear for this social event. Get moving while having fun! Not much of a dancer? That's okay, hang out and watch other people learn to line dance!



THIRSTY (FOR WATER & KNOWLEDGE) THURSDAY

JUNE 22, 2023

8:00 - 2:15pm Registration/Check-in

8:00 - 3:00pm Industry Information Station

6:15 - 7:00am Morning Yoga

8:45 - 9:30am Breakout Sessions

"Proper Cooking Methods 101"

"Procurement Strategies and Procurement Reviews"

"Hindsight 20/20: Knowledge Gained Transitioning from Operator to Industry"

9:30 - 10:00am Networking Break

10:00 - 10:45am Breakout Sessions

"Growing Your Farm to School Program Beyond Apples"

"The Wizards Behind the Commodity Processing Curtain"

"Simply Wellness: Wellness Policy Requirements and Implementation in Your District"

10:45 - 11:15am Networking Break

11:15 - 12:15pm "Getting Down to Business: Enhance Your Exhibit Hall Experience"

12:15 - 2:00pm "Annual Awards/Recognition Luncheon & SNA Ohio Annual Business Meeting"

2:00 - 3:00pm Vision Board Workshop: Where are you going?

3:00 - 3:15pm Annual Conference Closing Remarks/Raffle Drawing

WELLNESS WEDNESDAY

JUNE 21, 2023

7:30 - 4:30pm Registration/Check-in

7:30 - 4:30pm Industry Information Station

7:30 - 9:00am Conference Opening Snack/Light Breakfast

9:00 - 9:15am Welcome

9:15 - 10:15am "Seeds to Success: The Power of Choices and Potential"

10:15 - 10:45am Networking Break

10:45 - 11:30am - Breakout Sessions

"Take Six Steps Toward Better Training"

"Nourish to Flourish: Unconditional Permission to Honor Your Mind, Body and Spirit"

"True Colors Test"

11:30 - 12:00pm Networking Break

12:00 - 12:45pm Breakout Sessions

"Understanding Accommodations, Allergies & Special Requests"

"The Menu Map - Coordinating Your Menu to Your Equipment for Efficiency and Enticing the Students to Eat"

"Harvesting Success: Practical Strategies for Self Growth"

12:45 - 1:30pm Networking Luncheon

1:45 - 2:30pm Breakout Sessions

"Charging the Hill"

"Starting with Your Why"

"True Colors Test (Repeat)"

2:30 - 2:45pm Networking Break

2:45 - 3:45pm "Sowing Seeds of Emotional Intelligence: Reaping a Harvest of Positive Relationships"

7:00 - 9:00pm Networking Event at Pins Mechanical at Bridge Park

Group Reiki

10:45 - 11:30am

12:00 - 12:45pm

1:45 - 2:30pm



What is reiki?



Reiki is an energy healing technique that promotes relaxation, reduces stress and anxiety through gentle touch. Reiki practitioners use their hands to deliver energy to your body, improving the flow and balance of your energy to support healing. We are excited to have Reiki Master Angie DeMatteis with us to guide you through meditation and relaxation when you feel like you need a reset and recharge at conference.



Leave no pin standing at our Social Event at Pins Mechanical!

We will be serving different kinds of infused water all day!

Attendees will receive a complimentary t-shirt to wear on Wednesday for Wellness Wednesday. Feel free to be in comfortable clothes this day.