

SHREDDED MEATS



SOUTH AMERICA · CUBA · THE CARIBBEAN · PERU · MEXICO · BRAZIL · CHILE · PANAMA · BOLIVIA · COSTA RICA · COLUMBIA · DOMINICAN REPUBLIC · ARGENTINA ·

- Great For Speed Scratch Dishes • Fully Cooked • Lightly Seasoned



- Excellect For **TACOS, NACHOS, SOUPS, SALADS, QUESADILLAS, Noodle Dishes, Toppings for Mashed Potatoes and MORE!**

In the past year, Burritos, Tacos and Quesadillas are the Top 3 selling menued Mexican Dishes.

Source: Technomics: Menu Monitor Q1-18 vs Q1-19

Manufacturer Commodity #	Manufacturer Commercial #	Description	Portions Per Case	Serving Size (oz.)	Pack Size	Net Weight (lbs)	Gross Weight (lbs)	Shelf Life (months)
470490	470490	Chicken Shreds	293	2.02	5 - 7.4 lb. bags	37.00	39.00	18
470495	470495	Beef Shreds	244	2.36	5 - 7.2 lb. bags	36.00	37.55	18
470505	470510	Pork Shreds	239	2.23	5 - 6.7 lb. bags	33.50	35.50	18
471045	471045	Chicken Tinga	253	2.54	8 - 5.02 lb. bags	40.16	42.06	12

SHREDDED MEATS

Based on 1 Serving	Chicken Shreds	Beef Shreds	Pork Shreds	Chicken Tinga
* Percent Daily Values are based on a 2,000 calorie diet. Daily values may be higher or lower depending on your calorie needs	Serving Size: 1 Serving (57 g / 2.02 oz)	Serving Size: 1 Serving (67 g / 2.36 oz)	Serving Size: 1 Serving (63 g / 2.23 oz)	Serving Size: 1 Serving (72 g / 2.54 oz)
Manufacturer Commodity #	470490	470495	470505	471045
Manufacturer Commercial #	470490	470495	470510	471045
Calories	90	110	120	120
Calories from Fat	30	27	50	40
Total Fat	3.5 g / 5%	3 g / 5% ^{1.5}	6 g / 9%	4.5 g / 7%
Saturated Fat	1 g / 5%	g / 7%	1.5 g / 8%	1 g / 5%
Trans Fat	0 g	0 g	0 g	0 g
Cholesterol	45 mg / 14%	60 mg / 20%	55 mg / 18%	60 mg / 20%
Sodium	150 mg / 6%	170 mg / 7%	160 mg / 7%	380 mg / 16%
Total Carbohydrates	0 g / 0%	0 g / 0%	0 g / 0%	4 g / 1%
Dietary Fiber	0 g / 0%	0 g / 0%	0 g / 0%	1 g / 3%
Sugars	0 g	0 g	0 g	1 g
Protein	15 g	16 g	16 g	17 g
Vitamin A	0%	0%	0%	8%
Vitamin C	0%	0%	0%	0%
Calcium	0%	0%	0%	0%
Iron	4%	10%	4%	4%
Credits	2.02 oz Serving Meat - 2 oz eq.	2.36 oz Serving Meat - 2 oz eq.	2.23 oz Serving Meat - 2 oz eq.	2.54 oz Serving Meat - 2 oz eq.
Allergens	None	None	None	None

BEST PREPARATION METHOD

- Preheat conventional oven to 350°F.
- Remove contents of bag including juices into a hotel pan.
- Cover with foil and bake for 20 minutes or until 165°F.
- Shred apart with tongs.
- Let stand covered for 10 minutes before serving.

ALTERNATE PREPARATION METHOD

- Place sealed bags in a perforated pan.
- Steam for 20 minutes or until 165°F.
- Remove from steam and empty contents of bag including juices into a hotel pan.
- Shred apart with tongs.
- Let stand for 10 minutes before serving.



MAKE THE COMIDA VIDA CALL!
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