

# Individual Mashed Potatoes & Refried Beans

Perfectly packaged for meal pickup/ delivery.

Convenient, shelf-stable, individual packs are easy to add to any take-away meal.

- **No prep required by school kitchen.**
- **Easy home prep:** add 1 cup of hot water, set for refresh time, enjoy.
- **Kid Favorite:** the foods they love at school and home.



BASIC AMERICAN FOODS™



**EXCEL® Original Butter Mashed Potatoes**  
SKU 35749 50, 1.65oz dry 10 oz prepared/pch

Per Pouch: 2 servings, 1/2 cup starchy veg  
Est. Serving Cost\*: \$.17/ 1/2 cup starchy veg



**EXCEL® Refried Pinto Beans**  
SKU 46634 50, 3.7oz dry 12 oz prepared/pouch

Per Pouch: 2 servings, 1/2 cup legume or 2-MA  
Est. Serving Cost\*: \$.29/ 1/2-cup legume or 2-MA

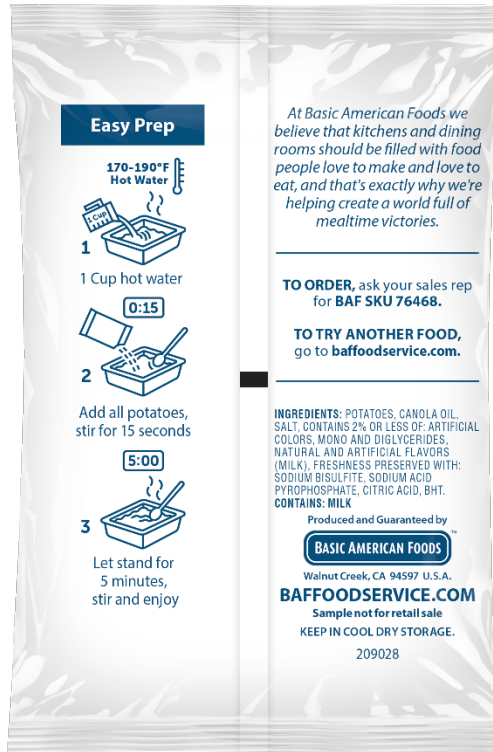


**Vegetarian Refried Pinto Beans w/  
Whole Beans**  
SKU 14222 50, 3.4oz dry 12 oz prepared/ pouch

Per Pouch: 2 servings, 1/2 cup legume or 2-MA  
Est. Serving Cost\*: \$.35/ 1/2-cup legume or 2-MA

\*Estimated cost via distributor

# Potato Pearls<sup>®</sup> EXCEL<sup>®</sup> Original Butter Mashed SKU 35749 50/ 1.65oz



Per Pouch: 2 servings, 1/2 cup starchy veg  
 Est. Serving Cost\*: \$.17/ 1/2 cup starchy veg

NUTRITION FACTS			
About 2 Servings Per Container		1/4 Cup (24g) Dry	
SERVING SIZE		About 140g Prepared	
<b>CALORIES</b>			<b>90</b>
			<b>% DV*</b>
<b>Total Fat</b>	1g		<b>1%</b>
Saturated Fat	0g		<b>0%</b>
Trans Fat	0g		
<b>Cholesterol</b>	0mg		<b>0%</b>
<b>Sodium</b>	400mg		<b>17%</b>
<b>Total Carbohydrate</b>	17g		<b>6%</b>
Dietary Fiber	1g		<b>4%</b>
Total Sugars	0g		
Incl. Added Sugars	0g		<b>0%</b>
<b>Protein</b>	2g		
Vitamin D	0mcg		<b>0%</b>
Calcium	10mg		<b>0%</b>
Iron	0.3mg		<b>2%</b>
Potassium	380mg		<b>8%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

CN INFORMATION			
Serving Size Measure/Weight	Meal Pattern Contribution Equivalent	Equivalent Servings/Bag	Equivalent Servings/Case
2.08 oz	1/4C Veg/Starchy	4.72	236.10
4.17 oz	1/2C Veg/Starchy	2.36	118.03

Product Formulation Sheet Available

PACKAGING			
<b>GTIN</b>	10011140581516	<b>Case Gross Weight</b>	6.36 LB
<b>Pack Size</b>	50/ 1.65oz	<b>Case Net Weight</b>	5.18 LB
<b>Shelf Life</b>	365 days	<b>Case L, W, H</b>	15.31 IN, 12.81 IN, 9.63 IN
<b>Tie x High</b>	9 x 5	<b>Cube</b>	1.09 CF

# Santiago<sup>®</sup> EXCEL<sup>®</sup> Refried Beans SKU 46634 50/ 3.7oz



Per Pouch: 2 servings, 1/2 cup legume or 2-MA  
 Est. Serving Cost\*: \$.34/ 1/2-cup legume or 2-MA

NUTRITION FACTS		
About 2.5 Servings Per Container SERVING SIZE		1/2 Cup (41g) Dry About 130g Prepared
<b>CALORIES</b>		<b>170</b>
		<b>% DV*</b>
<b>Total Fat</b>	4.5g	<b>6%</b>
Saturated Fat	2g	<b>10%</b>
Trans Fat	0g	
<b>Cholesterol</b>	5mg	<b>2%</b>
<b>Sodium</b>	580mg	<b>25%</b>
<b>Total Carbohydrate</b>	23g	<b>8%</b>
Dietary Fiber	9g	<b>32%</b>
Total Sugars	0g	
Incl. Added Sugars	0g	<b>0%</b>
<b>Protein</b>	9g	<b>11%</b>
Vitamin D	0mcg	0%
Calcium	40mg	4%
Iron	2mg	10%
Potassium	420mg	8%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

CN INFORMATION			
Serving Size Measure/Weight	Meal Pattern Contribution Equivalent	Equivalent Servings/Bag	Equivalent Servings/Case
2.76 oz	1 M/MA	4.69	234.70
5.51 oz	2 M/MA	2.35	117.39
2.76 oz.	1/4C Veg/Bean/Pea	4.69	234.70
5.51 oz.	1/4C Veg/Bean/Pea	2.35	117.39

Product Formulation Sheet Available

## PACKAGING

<b>GTIN</b>	10011140466349	<b>Case Gross Weight</b>	13.69 LB
<b>Pack Size</b>	50/ 3.7oz	<b>Case Net Weight</b>	11.69 LB
<b>Shelf Life</b>	365 days	<b>Case L, W, H</b>	12.75 IN, 12.13 IN, 16.75 IN
<b>Tie x High</b>	9 x 3	<b>Cube</b>	1.50 CF

# Santiago® Vegetarian Refried Beans w/ Whole Beans SKU 14222 50/ 3.4oz



Per Pouch: 2 servings, ½ cup legume or 2-MA  
 Est. Serving Cost\*: \$.34/ ½-cup legume or 2-MA

NUTRITION FACTS		
About 2.5 Servings Per Container SERVING SIZE		1/2 Cup (39g) Dry About 130g Prepared
<b>CALORIES</b>		<b>140</b>
		<b>% DV*</b>
<b>Total Fat</b>	1.5g	<b>2%</b>
Saturated Fat	0.5g	<b>2%</b>
Trans Fat	0g	
<b>Cholesterol</b>	0mg	<b>0%</b>
<b>Sodium</b>	550mg	<b>24%</b>
<b>Total Carbohydrate</b>	23g	<b>8%</b>
Dietary Fiber	9g	<b>32%</b>
Total Sugars	0g	
Incl. Added Sugars	0g	<b>0%</b>
<b>Protein</b>	9g	<b>11%</b>
Vitamin D	0mcg	<b>0%</b>
Calcium	50mg	<b>4%</b>
Iron	2.1mg	<b>10%</b>
Potassium	430mg	<b>10%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

CN INFORMATION			
Serving Size Measure/Weight	Meal Pattern Contribution Equivalent	Equivalent Servings/Bag	Equivalent Servings/Case
2.71 oz	1 M/MA	4.22	211.06
5.41 oz	2 M/MA	2.11	105.56
2.71 oz	1/4C Veg/Bean/Pea	4.22	211.06
5.41 oz	1/4C Veg/Bean/Pea	2.11	105.56

Product Formulation Sheet Available

PACKAGING			
<b>GTIN</b>	10011140142229	<b>Case Gross Weight</b>	12.63 LB
<b>Pack Size</b>	50/ 3.4oz	<b>Case Net Weight</b>	10.63 LB
<b>Shelf Life</b>	365 days	<b>Case L, W, H</b>	12.75 IN, 12.13 IN, 16.75 IN
<b>Tie x High</b>	9 x 3	<b>Cube</b>	1.50 CF