



# Fully Cooked Sliced Beef



*Mongolian Beef*



*Teriyaki Beef*



*Korean Beef*

MORE WAYS TO PLEASE CONSUMERS'  
TASTE WITH GREEN DRAGON FULLY  
COOKED SLICED BEEF



Call our office today  
for more information!

1-888-499-6888

[info@asianfoodsolutions.com](mailto:info@asianfoodsolutions.com)

[www.asianfoodsolutions.com](http://www.asianfoodsolutions.com)

## Asian Food Solutions<sup>®</sup>

NUTRITION . TASTE . VALUE

# Fully Cooked Sliced Beef



## Asian Food Solutions®

NUTRITION . TASTE . VALUE

### Mongolian Beef

74001 / 24001

| Nutrition Facts                |              |
|--------------------------------|--------------|
| 152 servings per container     |              |
| Serving size 4.22 oz (119.64g) |              |
| Amount per serving             |              |
| <b>Calories</b>                | <b>160</b>   |
| % Daily Value*                 |              |
| Total Fat 3g                   | 5%           |
| Saturated Fat 1.5g             | 7%           |
| Trans Fat 0g                   |              |
| Cholesterol 55mg               | 19%          |
| Sodium 410mg                   | 17%          |
| Total Carbohydrate 13g         | 4%           |
| Dietary Fiber 0g               | 0%           |
| Total Sugars                   | 5g           |
| Protein 18g                    |              |
| Vitamin D 0%                   | Calcium 0%   |
| Iron 10%                       | Potassium 0% |

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

(152) 4.22 OZ SERVINGS PER CASE  
NET Wt. 40.09 LB GR. CS Wt: 41.74 LB  
CASE PACK: 8 / 5.01 LB BAGS  
CASE L x W x H: 20.00" x 13.375" x 6.563"  
CUBE: 1.02 TI x HI: 8 x 6  
74001 COMMODITY: GTIN# 00856235005392  
24001 COMMERCIAL: GTIN# 00856235005804  
SHELF LIFE: FROZEN 18 MONTHS AT 0°F +/- 10°F

**Ingredients:** Beef, Water, Corn Starch, Egg White, Sodium Phosphates, Salt, White Pepper.

**Mongolian Sauce:**  
(Water, sugar, maltodextrin, rice vinegar, chili peppers, soy sauce [water, wheat, soybeans, salt], modified corn starch, contains less than 2% of: dehydrated minced garlic, spices, salt, yeast extract, soybeans, sesame paste, wheat flour, sesame oil, safflower oil, cultured dextrose, xanthan gum and natural flavors [milk]).

**Contains: Eggs, milk, soy, wheat**

### Sliced Beef

74002 / 24002

| Nutrition Facts               |              |
|-------------------------------|--------------|
| 192 servings per container    |              |
| Serving size 3.16 oz (89.58g) |              |
| Amount per serving            |              |
| <b>Calories</b>               | <b>120</b>   |
| % Daily Value*                |              |
| Total Fat 3g                  | 5%           |
| Saturated Fat 1.5g            | 7%           |
| Trans Fat 0g                  |              |
| Cholesterol 60mg              | 20%          |
| Sodium 220mg                  | 9%           |
| Total Carbohydrate 6g         | 2%           |
| Dietary Fiber 0g              | 0%           |
| Total Sugars                  | 0g           |
| Protein 18g                   |              |
| Vitamin D 0%                  | Calcium 0%   |
| Iron 8%                       | Potassium 0% |

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

(192) 3.16 OZ SERVINGS PER CASE  
NET Wt. 38.00 LB GR. CS Wt: 39.57 LB  
CASE PACK: 8 / 4.75 LB BAGS  
CASE L x W x H: 20.00" x 13.375" x 6.563"  
CUBE: 1.02 TI x HI: 8 x 6  
74002 - COMMODITY GTIN# 00856235005613  
24002 - COMMERCIAL GTIN# 00856235005811  
SHELF LIFE: FROZEN 18 MONTHS AT 0°F +/- 10°F

**Ingredients:** Beef, Water, Corn Starch, Egg Whites, Sodium Phosphates, Salt, White Pepper.

**Contains: Eggs**



### Teriyaki Beef

74003 / 24003

| Nutrition Facts                |              |
|--------------------------------|--------------|
| 152 servings per container     |              |
| Serving size 4.22 oz (119.64g) |              |
| Amount per serving             |              |
| <b>Calories</b>                | <b>160</b>   |
| % Daily Value*                 |              |
| Total Fat 3g                   | 5%           |
| Saturated Fat 1.5g             | 7%           |
| Trans Fat 0g                   |              |
| Cholesterol 55mg               | 19%          |
| Sodium 470mg                   | 20%          |
| Total Carbohydrate 23g         | 8%           |
| Dietary Fiber 0g               | 0%           |
| Total Sugars                   | 17g          |
| Protein 17g                    |              |
| Vitamin D 0%                   | Calcium 0%   |
| Iron 10%                       | Potassium 0% |

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

(152) 4.22 OZ SERVINGS PER CASE  
NET Wt. 40.09 LB GR. CS Wt: 41.74 LB  
CASE PACK: 8 / 5.01 LB BAGS  
CASE L x W x H: 20.00" x 13.375" x 6.563"  
CUBE: 1.02 TI x HI: 8 x 6  
74003 - COMMODITY GTIN# 00856235005620  
24003 - COMMERCIAL GTIN# 00856235005828  
SHELF LIFE: FROZEN 18 MONTHS AT 0°F +/- 10°F

**Ingredients:** Beef, Water, Corn Starch, Egg Whites, Sodium Phosphates, Salt, White Pepper.

**Teriyaki Sauce:**  
(Sugar, water, brown sugar, soy sauce [water, wheat soybeans, salt], contains less than 2% of: modified corn starch, yeast extract, sea salt, sesame seeds, lactic acid, xanthan gum, maltodextrin, salt, natural flavor).

**Contains: Eggs, soy, wheat**

### Korean Beef

74005 / 24005

| Nutrition Facts                |              |
|--------------------------------|--------------|
| 152 servings per container     |              |
| Serving size 4.22 oz (119.64g) |              |
| Amount per serving             |              |
| <b>Calories</b>                | <b>180</b>   |
| % Daily Value*                 |              |
| Total Fat 3g                   | 5%           |
| Saturated Fat 1.5g             | 7%           |
| Trans Fat 0g                   |              |
| Cholesterol 55mg               | 19%          |
| Sodium 410mg                   | 17%          |
| Total Carbohydrate 18g         | 6%           |
| Dietary Fiber 0g               | 0%           |
| Total Sugars                   | 10g          |
| Protein 18g                    |              |
| Vitamin D 0%                   | Calcium 0%   |
| Iron 10%                       | Potassium 0% |

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

(152) 4.22 OZ SERVINGS PER CASE  
NET Wt. 40.09 LB GR. CS Wt: 41.74 LB  
CASE PACK: 8 / 5.01 LB BAGS  
CASE L x W x H: 20.00" x 13.375" x 6.563"  
CUBE: 1.02 TI x HI: 8 x 6  
74005 - COMMODITY GTIN# 00856235005637  
24005 - COMMERCIAL GTIN# 00856235005682  
SHELF LIFE: FROZEN 18 MONTHS AT 0°F +/- 10°F

**Ingredients:** Beef, Water, Corn Starch, Egg Whites, Sodium Phosphates, Salt, White Pepper.

**Korean BBQ Sauce:**  
(Water, sugar, soy sauce [water, soybeans, wheat, salt], maltodextrin, molasses, dehydrated garlic, contains less than 2% of: dehydrated onion, sesame oil, yeast extract, spice, xanthan gum and citric acid).

**Contains: Eggs, soy, wheat**



**1-888-499-6888**

info@asianfoodsolutions.com  
www.asianfoodsolutions.com

#### Cooking Instructions

**Convection Oven: If Frozen, Pre-heat oven to 400 F. Place beef in hotel pan, uncovered. Bake in oven for 20 - 25 minutes until product reaches 165 F and sauce caramelized for sauced products. Reduce time by 6 - 8 minutes if product is thawed.**  
**Steamer: Place beef in bag in steamer for 15-20 minutes until product reaches 165 F, 5 mins less if thawed.**  
**Serving: Equipment and times may vary. Use thermometer to ensure food temperature is 165 F or above. Place cooked beef in a serving pan. Mix well then serve.**