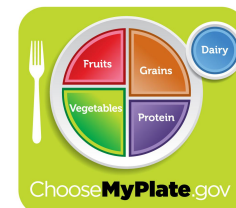


**We offer 1% White
Milk Daily**



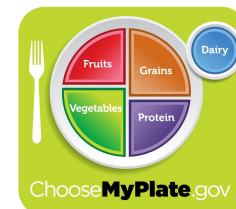
Rutland Northeast SU Pre-K Lunch; 6-Week Cycle Menu
MONTH__Aug/Sep 2025_____

This Institution is an equal opportunity provider.
 Menus are subject to change

Monday Class A	Tuesday Class B	Wednesday Class A	Thursday Class B	Friday Class A
		27 WG Homemade Cheesy Breadstick (1.5 oz. eq. Grain, 1.5 oz. eq. m/ma) Fresh Vegetable (¼ cup veg) Fresh Fruit (¼ cup fruit) Fresh Milk (6 oz.)	28 Homemade Mac & Cheese (1 oz. eq. Grain, 2 oz. eq. m/ma) Fresh Vegetable (¼ cup veg) Fresh Fruit (¼ cup fruit) Fresh Milk (6 oz.)	29 WG Waffle w/ Scrambled Eggs & Real Vermont Maple Syrup (1 oz. eq. Grain, 2 oz. eq. m/ma) Fresh Vegetable (¼ cup veg) Fresh Fruit (¼ cup fruit) Fresh Milk (6 oz.)
Labor Day	2 Cheese & WG Crackers Fun Meal (1.5 m/ma, 1 grain) Fresh Vegetable (¼ cup veg) Fresh Fruit (¼ cup fruit) Fresh Milk (6 oz.)	3 WG Homemade Pizza (1 oz. eq. Grain, 1.5 oz. eq. m/ma) Fresh Vegetable (¼ cup veg) Fresh Fruit (¼ cup fruit) Fresh Milk (6 oz.)	4 Cheesy Goulash (1 oz. eq. Grain, 2 oz. eq. m/ma) Fresh Vegetable (¼ cup veg) Fresh Fruit (¼ cup fruit) Fresh Milk (6 oz.)	5 WG ½ Sunbutter & Jelly Sandwich w/ Cheesestick (1 oz. eq. Grain, 1.5 oz. eq. m/ma) Fresh Vegetable (¼ cup veg) Fresh Fruit (¼ cup fruit) Fresh Milk (6 oz.)

Production Record must be done for all meals served, including snacks

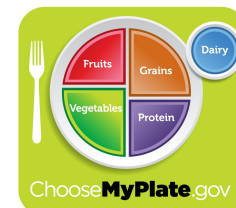
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8 WG ½ Meatball Sub (1 oz. eq. Grain, 1.5 oz. eq. m/ma) Fresh Vegetable (¼ cup veg) Fresh Fruit (¼ cup fruit) Fresh Milk (6 oz.)	9 WG ½ Ham & Cheese Sandwich (1 oz. eq. Grain, 1.5 oz. eq. m/ma) Fresh Vegetable (¼ cup veg) Fresh Fruit (¼ cup fruit) Fresh Milk (6 oz.)	10 WG Homemade Cheesy Breadstick (1.5 oz. eq. Grain, 1.5 oz. eq. m/ma) Fresh Vegetable (¼ cup veg) Fresh Fruit (¼ cup fruit) Fresh Milk (6 oz.)	11 Marinated Chicken Breast w/ Rice (.5 oz. eq. Grain, 2 oz. eq. m/ma) Fresh Vegetable (¼ cup veg) Fresh Fruit (¼ cup fruit) Fresh Milk (6 oz.)	12 Fish Sticks (.25 oz. eq. Grain, 1.5 oz. eq. m/ma) Fresh Vegetable (¼ cup veg) Fresh Fruit (¼ cup fruit) Fresh Milk (6 oz.)
15 Corndog (2 oz. eq. Grain, 2 oz. eq. m/ma) Fresh Vegetable (¼ cup veg) Fresh Fruit (¼ cup fruit) Fresh Milk (6 oz.)	16 WG ½ Turkey & Cheese Sandwich (1 oz. eq. Grain, 1.5 oz. eq. m/ma) Fresh Vegetable (¼ cup veg) Fresh Fruit (¼ cup fruit) Fresh Milk (6 oz.)	17 WG Homemade Pizza (1 oz. eq. Grain, 1.5 oz. eq. m/ma) Fresh Vegetable (¼ cup veg) Fresh Fruit (¼ cup fruit) Fresh Milk (6 oz.)	18 Spaghetti w/ Meat or Marinara Sauce Fresh Vegetable (¼ cup veg) Fresh Fruit (¼ cup fruit) Fresh Milk (6 oz.)	19 Early Release Bag lunch

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22 WG ½ Grilled Cheese Sandwich w/ Soup (1 oz. eq. Grain, 1.5 oz. eq. m/ma) Fresh Vegetable (¼ cup veg) Fresh Fruit (¼ cup fruit) Fresh Milk (6 oz.)	23 Cheese & WG Crackers Fun Meal (1.5 m/ma, 1 grain) Fresh Vegetable (¼ cup veg) Fresh Fruit (¼ cup fruit) Fresh Milk (6 oz.)	24 WG Homemade Cheesy Breadstick (1.5 oz. eq. Grain, 1.5 oz. eq. m/ma) Fresh Vegetable (¼ cup veg) Fresh Fruit (¼ cup fruit) Fresh Milk (6 oz.)	25 Golden Crispy Chicken Tenders (1 oz. eq. Grain, 2 oz. eq. m/ma) Fresh Vegetable (¼ cup veg) Fresh Fruit (¼ cup fruit) Fresh Milk (6 oz.)	26 Cheese & WG Crackers Fun Meal (1.5 m/ma, 1 grain) Fresh Vegetable (¼ cup veg) Fresh Fruit (¼ cup fruit) Fresh Milk (6 oz.)
27 Homestyle Meatball & Mashed Potato Bowl w/ Dinner Roll (1 oz. eq. Grain, 1.5 oz. eq. m/ma) Fresh Vegetable (¼ cup veg) Fresh Fruit (¼ cup fruit) Fresh Milk (6 oz.)	28 WG ½ Ham & Cheese Sandwich (1 oz. eq. Grain, 1.5 oz. eq. m/ma) Fresh Vegetable (¼ cup veg) Fresh Fruit (¼ cup fruit) Fresh Milk (6 oz.)			

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